

CPM New York

What is CPM all about: The thesis of this program is simple. Life is short and uncertain. It is like a drop of water skittering around on a lotus leaf. You never know when it will drop off the edge and disappear. So each day is far too precious to waste. And each day that you are not radiantly alive and brimming with cheer is a day wasted.



Stop right now and evaluate your life. YOUR LIFE. As it is right now. Are you, by and large and daily variations aside, happier now than you have ever been? Do you have the inner conviction that you are on the path that is just right for you, the one that is transparently leading you to fulfillment in many dimensions – in your career, in relationships, in spiritual development?

If the answer is, NO, ask yourself WHY NOT? The first step to getting there is to refuse to accept anything less.

This program is designed to be that first step for you. Have a look at the 10 minute [video](#) of Prof. Rao explaining what Creativity and Personal Mastery (CPM) is all about and why you should OR should not apply.

What are the benefits? Innumerable participants have attested to the life-changing nature of this approach. To hear from them in their own words go to the CPM Institute website and read their testimonials: <http://www.theraoinstitute.com/about-testimonials>

Be aware that while practically everyone has benefited to some extent, not everyone has had similar epiphanies. Later sections of the [syllabus](#) address this in greater detail.



I expect this program to have a profound impact on your life. It **will** have such an impact if you are 'ready' and totally dedicate yourself to it.

Here is a good heuristic for judging if you are 'ready'. Read the entire [syllabus](#) carefully. If you are not so strongly drawn to it that you would disrupt your life considerably to take this program, **don't** take it.

Is this right for me? This is a tough one. Only you can answer it. The proviso in the previous section was not added as a clever mechanism to get me off the hook for over promising. It just happens to be the way it is. The program can indeed turn your life around in myriad, marvellous ways, but only if you are 'ready' and if you put in the requisite effort. There is no substitute for getting into the trenches and actually engaging actively with the concepts you will be exposed to.

Objectives: CPM has four principal objectives:

1. To expose you to a wide variety of techniques and exercises that have been found to be helpful in sparking the creative process; to help you select those that best fit your personality and apply them to many different business and personal situations.
2. To help you discover your "purpose in life", the grand design that gives meaning to all of your activities; to help you find that to which you can enthusiastically devote the rest of your life. When you are moved by deep inner conviction is when you have the greatest opportunity to sway others, in short to become a "leader".
3. To show you how you can mobilize resources to reach your goals most efficiently. There is a non-linear relationship between "work" and "results". Immense exertion can produce little outcome and, at other times, a little effort can yield a huge payoff. If you have an open mind you can learn to create serendipitous opportunities.
4. To enable you to find and achieve the balance in life that is right for you. Stress levels are rising in our society across all ages and occupations. It little profits you to achieve any goal if you are a nervous wreck during or after. There are always trade-offs between accomplishments and price paid but they are not necessarily obvious. It is important to learn how to strive mightily while remaining serene.

Remember: The Creativity and Personal Mastery Program is designed to help you make a profound change in your life. Please browse to hear what past participants have said:

<http://www.theraoinstitute.com/about-testimonials>



Dates are as follows for the New York CPM class:

1. Module #1: Friday, January 15 – Sunday, January 17, 2016
2. Module #2: Friday, February 19 – Sunday, February 21, 2016
3. Module #3: Monday, March 21 – Wednesday, March 23, 2016

Times:

We will have dinner at 6pm and a working session from 7pm to 9pm on the first evening. On Days 2 & 3 we have breakfast at 8am and class will start at 9am. We will wrap up Day 3 at around 4pm. Meals are included in the cost of your accommodations, which is separate from the tuition cost.

Venue: [Glen Cove Mansion, Glen Cove NY](#)

Tuition: \$8,000.00 USD/ person.

Accommodations Package:

You should budget approximately \$1900 for your hotel, ground transportation to and from Glen Cove Mansion, and any outside meals for the duration of the course (3 weekends). Meals are included in your accommodation at Glen Cove Mansion.

Registration and Acceptance

- [Syllabus](#)- please review before applying.
- All applicants must meet the qualification standards set forth by Dr. Rao
- All participants will complete the pre-work prior to Module A (Pre-work list will follow which will include book readings)

If you are ready to apply, here is the [application](#).

If you have any questions about CPM, please contact:

Janelle Light at Janelle.light@theraoinstitute.com or

Srikumar S. Rao at srikumarsrao@gmail.com



Srikumar S. Rao has helped thousands of executives all over the world discover deep meaning. His methods have enabled them to achieve quantum leaps in effectiveness. Graduates of his workshops have become more creative and more inspiring leaders. Above all they have developed an inner serenity, born of the knowledge that they will be able to appropriately handle whatever comes their way be it a small wave or a tsunami. They become resilient and bounce back nonchalantly from reverses that would floor most peers.

He received his Ph.D. in Marketing from the Graduate School of Business, Columbia University. He has a degree in Physics from St. Stephen's College, Delhi University and an MBA from the Indian Institute of Management, Ahmedabad. He conceived the innovative course Creativity and Personal Mastery. Students found it so overwhelmingly powerful that it remains the only business school course in the world to have its own alumni association. Dr. Rao's work has been extensively covered in the media including the *New York Times*, the *Wall Street Journal*, the *London Times*, the *Independent*, *Time*, the *Financial Times*, *Fortune*, the *Guardian*, *Forbes*, *Business Week* and dozens of other publications. These articles, interviews and other details about his work are at www.theraoinstitute.com. Here is a sample of the coverage – [Business Week](#) and [Training Magazine](#).

He has done pioneering work in motivation and helps senior executives become more engaged in work and discover their inner purpose as they go about their tasks. He also works with teams and groups and has been extraordinarily successful in using group dynamics to foster lasting personal change. Many who have been through his program experience exponential jumps in personal and professional productivity.

Dr. Rao is the author of "Are You Ready to Succeed: Unconventional Strategies for Achieving Personal Mastery in Business and Life", Hyperion, 2006. The book is an international bestseller and has been translated into many languages and distributed in all continents. His latest book "Happiness at Work: Be Resilient, Motivated and Successful - No Matter What", McGraw Hill, 2010, is also a business bestseller and has been translated into more than a dozen languages.

He is a powerful speaker and his talks are hosted on many sites including TED.com and [Thinkers 50 Interview](#). He has conducted workshops for and spoken before executives of Microsoft, Google, Merrill Lynch, McDonald's, Chubb, IBM, United Airlines, Allstate, Johnson & Johnson and dozens of other companies.

He has been a contributing editor for *Forbes* and writes regularly on management practices, leadership and personal mastery. He is a member of the American Society of Journalists and Authors. Dr. Rao was an executive with Warner Communications, Continental Group, Data Resources and McGraw-Hill and has consulted with such companies as RCA, Reuters, Citicorp, GTE, Pan Am and Diner's Club. He has been a seminar leader with the Institute for Management Studies and the American Management Association. He is an expert on marketing strategy and has taught in the corporate programs of companies such as Verizon, Northrop-Grumman, Symbol Technologies and General Instruments as well as in the executive programs of London Business School, Columbia Business School and the Haas School of Business at the University of California at Berkeley.

Dr. Rao has taught at Columbia Business School, London Business School, the Kellogg School of Management at Northwestern University and the Haas School of Management at the University of California at Berkeley. He has served as a marketing advisor to the national board of MENSA. His other interests include tennis, squash, karate, table tennis and chess; Eastern philosophy and meditation; and Wodehouse, science fiction and creative writing. Dr. Rao can be reached at srikumarsrao@gmail.com or 631-864-3146.